

### ESPeople Focussed Individuals



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### Why Focussed Individual Training?

- Individual training is a powerful tool for personal growth and development. Whether you're an athlete, artist, student, or professional, dedicating time to individual training can help you hone your skills, improve your performance, and unlock your true potential. However, simply going through the motions isn't enough to maximize the benefits of individual training. It's important to explore effective strategies and techniques to help you get the most out of your individual training sessions and propel yourself towards success.
- Personalized learning and development is a valuable way to grow unique skills and ensure each person lives up to their potential.
- Your employees are the essential gears that keep your organisation running. However, excellent employees can't be excellent without training. Individualised training programs are now increasingly popular across sectors as organisations recognise the long-term benefits they provide for both employee engagement and their bottom lines via decreased churn.





#### **Employer's point of View:**

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### Advantages

- Individual training programs dive deep into each team member's goals, their roles and responsibilities within the organization and how they can specifically improve the value they generate.
- Individual training shows employees that their leadership team is ready to invest in them for the long haul presenting them with actionable next steps to grow in their roles. Thus, employees are more inclined to stick with your organisation.
- Individual training plans can bolster these reviews, providing specific positive experiences to refer to. This generates a stronger culture and ensures your organisation looks attractive to recruits. In addition to prioritising personal development and thus driving retention and recruitment rates, individual training plans can:



- Foster individuality. Your individual training plans help grow unique skills that not every employee has.
- Ensure variety and innovation. With more employees giving their all to their roles there is a higher chance of forging new processes that combine unique experiences and individual talents.
- Improve job perception and productivity. Individual training plans can help employees perceive their jobs in relation to their own unique skillsets. Additionally, being mindful of whether the individual learns better through different methods or under different circumstances will in turn increase productivity within roles.
- Help pinpoint individual weaknesses and strengths. Personalised training requires you to dive deep into each individual's weaknesses and strengths, and figure out the best way to prepare them for their role. This also presents an opportunity to identify a team member's knowledge status and skill gaps.

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## Who can opt for focussed individual trainings?



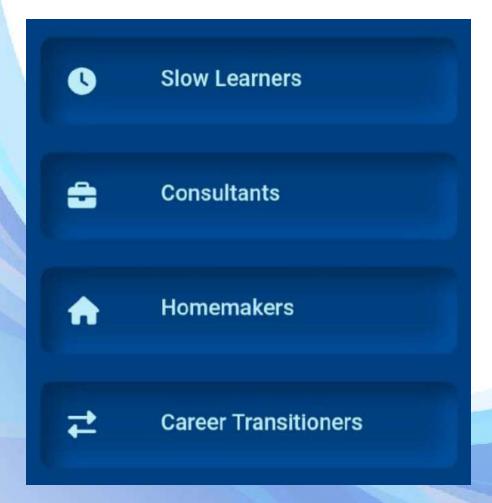
**Employers for Employees** 

Teachers / Employees / Entrepreneurs

Any individual who wishes to develop self

### Indicative Beneficiaries

(of Focussed Individuals)















**Reward Success** 

**Record Success** 

Recognize success

Accountability fixing

Setting realistic goals

Customizing the plan

Understanding the need

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### Our Methods

- Leadership training
- Coaching
- Mentoring
- Counseling through expert
- Case Studies
- Instructor led training
- E Learning modules
- Technology based training





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